



OCB Shamrock Cup Classic March 18th 2023

Location/Contact

University of New Hampshire – Johnson Theatre 30 Academic Way - Durham, NH 03823. Contact
- Promoter: Andrew “AJ” DiDonato, E-mail: shamrockcupclassic@gmail.com

Time

Doors open to the public at 9AM. Show starts at 10:00 AM (event will with each category having their own specified times. Details of times when competitors should arrive and when they are expected on stage will be announced by e-mail when show gets closer).

Tickets

General Admission for Mini-Show is: Adults & Students \$25, and children 10 and under, FREE. General Admission for All Day Show is: \$40. Trainer Pass (general admission plus backstage access): \$55 (only applicable to those helping a competitor prepare back stage). Group tickets can be arranged by directly emailing the promoter at shamrockcupclassic@gmail.com. **Tickets, Trainer Pass, Group Rate Tickets are non-refundable.**

Division Offerings

Bikini: Debut, Novice, Age 45+, 35+, Open
Figure: Debut, Novice, Age 45+, Age 35+, Open
Men’s Physique: Debut, Novice, Age 40+, Open
Men’s Classic Physique: Debut, Novice, Age 40+, Open
Men’s Bodybuilding: Debut, Novice, Age 50+, Age 40+, Open
Women’s Physique: Debut, Novice, Age 45+, 35+, Open
Women’s Wellness: Debut, Novice, 45+, 35+, Open

NOVICE ELIGIBILITY: Cannot have placed first in any class (besides Teen), within any division, within any category, with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). Classes Breakdown: When more than one class in a division, classes are formed by dividing competitors evenly by height.

Entry Fees & Deadlines Competitor entry fee is \$65 before February 13th or February 20th and increases to \$110. To avoid \$45 late fee, register before February 13th/20th 2023. Fee for each additional class, known as a crossover entry, will be \$35. Entry fee deadline is February 27th or March 6th 2023. A crossover entry is entering more than one division within a category. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well. Competitors may not participate in more than one category (Bikini, Figure, Wellness, Physique, Bodybuilding, and Classic Physique) at any given show. Physique and Bodybuilding are not permitted. Fees are non-refundable.

Backstage Policy

As mentioned above, only one assistant max per competitor is allowed backstage unless it is a coach of a team. The assistant **MUST** buy a Trainer Pass or Coach Pass, which is good for general admission and back stage access. **The cost of the Trainer Pass is \$45. These tickets are non-refundable and must be purchased online. These can be purchased through Venmo or PayPal only. Please use the venmo handle @Andrew-DiDonato-113 or the PayPal handle using the Friends and Family method to shamrockcupclassic@gmail.com. List of all trainers with what athletes will be recorded and bracelet given to said coach. NO BRACELET, NO BACKSTAGE ACCESS.**

Awards

The top five winners in each division of novice and open classes will receive medals with the Overall Division winner receiving a **TROPHY**. Overall winners will also be awarded with surprise gifts.

Eligibility

All competitors are required to be current members of OCB to participate in this event. **If needing to obtain the annual membership please register before March 17th 2023. Memberships can be purchased on OCBOnline.com.** This is a natural (drug-free) competition. All competitors must meet eligibility criteria listed in the OCB drug testing guidelines in order to participate. Prior to registering competitors should review the procedures and list of banned substances posted on OCBOnline.com.

Check-Ins/Polygraph Screenings

Check in open up Friday, March 17th, by appointment at the host hotel, Courtyard Portsmouth in Portsmouth, NH. These available times will be more up to date a few weeks closer to the show. **The address of the host hotel is 1000 Market Street, Portsmouth, NH 03801.** All competitors are required to be polygraph tested prior to competing. The exact room number for polygraph testing will be provided at check in. Scheduling appointments will be announced prior to show where competitors can access and will be provided by promoter. **The polygraph fee is \$60 and is payable in cash only at the time of testing. Exact change would be appreciated.** Polygraph results are valid for other OCB shows for only 3 weeks after the Shamrock Cup Classic.

Music

House music will be provided for the Bikini, Figure, Men's Physique divisions. Men's & Women's Bodybuilding, Women's Physique and Men's Classic Physique may use their own music or house music. For individual routines, music can be sent to our DJ, Ryan Tolt from Get Down Tonight Entertainment, Inc. His e-mail will be provided as we get closer to the show for registered competitors. **Props are allowed and all routines are limited to one minute in length.**

Host Hotel

Courtyard Portsmouth by Marriot is the host hotel for the event. Make sure to book your room by Wednesday, February 15th 2023 for the discounted rate. Make sure to mention the OCB Shamrock Cup Classic for the discounted rate of \$119 for the night prior to the show which is Friday, March 17th. You will also be able to book through our website as well at www.shamrockcupclassic.com.

Spray Tanning Services

Spray tans services will be done by Golden Standard Spray Tans. You can visit www.goldenstandardspraytans.com or contact Ryann Healy at GoldenStandardSpraytans@gmail.com or by phone at (617) 982-3946 for rates, details and to schedule an appointment. ******THIS INFO WILL BE UPDATED AS WE GET CLOSER******

Hair & Make-Up Services

Hair and Make-Up services will be done by Shaunna Legatos and her team. You can reach Shaunna at 1-603-508-8151. Spots are limited so schedule soon!

Payment

Make payment check or money order to: Shamrock Cup Classic **Address:** 13 Pleasantview Dr. Exeter, NH 03833.



**OCB Shamrock Cup Classic
March 18th 2023**

ENTRY FORM: Please fill out all fields in registration form/contact information and mail in to address mentioned above in “Payment” section.

Name: _____ **Date of Birth:** _____ **Age:** ____ **Height:** _____

E-mail: _____ **Phone:** _____

Note: Promoter has the right to drop/add classes or divisions based on numbers of competitors.

Amateur Competitor Divisions/Classes (Please check the following):

Women’s Physique:

Debut: ____ **Novice:** ____ **45+:** ____ **35+:** ____ **Open:** _____

Men’s Bodybuilding:

Debut: ____ **Novice:** ____ **45+:** ____ **35+:** ____ **Open:** _____

Men’s Classic Physique:

Debut: ____ **Novice:** _____ **35+:** _____ **Open:** _____

Figure:

Debut: ____ **Novice:** ____ **45+:** ____ **35+:** ____ **Open:** _____

Wellness:

Debut: _____ **Novice:** _____ **45+ :** _____ **35+ :** _____ **Open:** _____

Men’s Physique:

Debut: ____ **Novice:** ____ **40+:** ____ **Open:** _____

Bikini

Debut: ____ **Novice:** ____ **45+:** ____ **35+:** ____ **Open:** _____

Waiver of Liability. I hereby waive and release any claims or demands against OCB, its representatives, sponsors, and promoters that may arise out of my participation in an OCB sanctioned event or my membership in the OCB, other than claims or demands arising out of willful misconduct. I hereby intend to legally bind myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB and its directors, officers, and members, OCB federations, each event's promoters, and any sponsors, agents, or representatives, for any-affiliated injuries suffered by me as a result of my participation in and/or losses suffered by me as a result of my participation and/or attendance at any OCB-sanctioned competition.

Printed Name: _____

Signature: _____

If Competitor is under 18 years old age:

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

*****Please mail in both of the numbered forms of the entry form to secure your entry.
Reminder, all registrations and entry fees are final and non-refundable.*****

*****TO AVOID LATE FEE, make sure to register before February 20th to avoid late fee.
If post-marked after February 20th, registration fee increases by \$45. Entry fee would
then go from \$65 to \$110.*****

**GOODLUCK IN ALL OF YOUR PREP AND LOOK
FORWARD TO SEEING YOU ON ALL SHOW DAY!!**