



## OCB Shamrock Cup Classic Sunday – March 15, 2020

### Location/Contact

University of New Hampshire - Johnson Theatre 30 Academic Way - Durham, NH 03823.

Contact - Promoter: Andrew "AJ" DiDonato, T. (207) 317-0188. E-mail: [shamrockcupclassic@gmail.com](mailto:shamrockcupclassic@gmail.com)

### Time

Doors open to the public at 9AM. Competitor meeting will be held at 10AM and then show starts at 10:30 AM (event will run straight through grouped divisions at a time with a 30 minute intermission in between for a judge's break).

### Tickets

General Admission: Adults & Students \$25, and children 10 and under, FREE. Trainer Pass (general admission plus backstage access): \$35 (only applicable to those helping a competitor prepare back stage and LIMITED TO ONE PER COMPETITOR), or Coach Pass for those helping a full team of athletes \$50. Group tickets can be arranged by directly e-mailing the promoter at [shamrockcupclassic@gmail.com](mailto:shamrockcupclassic@gmail.com). **Tickets, Trainer Pass, Group Rate Tickets, Coach Pass are non-refundable.**

### Division Offerings

Bikini: Novice, Age 40+, Open

Figure: Novice, Age 50+, Age 40+, Open

Men's Physique: Novice, Age 40+, Open

Men's Classic Physique: Novice, Age 40+, Open

Men's Bodybuilding: Novice, Age 50+, Age 40+, Open

Women's Physique: Novice, Age 40+, Open

**NOVICE ELIGIBILITY: Cannot have placed first in any class (besides Teen), within any division, within any category, with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). Classes Breakdown: When more than one class in a division, classes are formed by dividing competitors evenly by height.**

### Entry Fees & Deadlines

**Competitor entry fee is \$60 before February 22<sup>nd</sup> and increases to \$95. To avoid \$35 late fee, register before February 22<sup>nd</sup>, 2020. Fee for each additional class, known as a crossover entry, will be \$25. Entry fee deadline is March 7<sup>th</sup> 2020.**

A crossover entry is entering more than one division within a category. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well. Competitors may not participate in more than one category (Bikini, Figure, Physique, Bodybuilding, and Classic Physique) at any given show. Physique and Bodybuilding are not permitted. **Fees are non-refundable.**

## Backstage Policy

As mentioned above, only one assistant max per competitor is allowed backstage unless is a Team Coach. The assistant MUST buy a Trainer Pass or Coach Pass, which is good for general admission and back stage access. **The cost of the Trainer Pass is \$35 and Coach Pass is \$50. These tickets are non-refundable and must be purchased online or at day of show. List of all coaches with what athletes will be recorded and bracelet given to said coach. NO BRACELET, NO BACKSTAGE ACCESS.**

## Awards

The top five winners in each division of novice and open classes will receive medals with first place receiving a **MEDAL and TROPHY**. Overall bikini open class winner will receive a gift card for a bikini competition suit by Crystal Bikinis. **ALSO, OVERALL OPEN CLASS DIVISION WINNERS WILL GET THEIR REGISTRATIONS COVERED FOR THE OCB PINE TREE STATE CLASSIC!**

## Eligibility

All competitors are required to be current members of OCB to participate in this event. **If needing to obtain the annual membership please register before March 7th. Competitors must bring in OCB Membership to check in. Memberships can be purchased on OCBonline.com.** This is a natural (drug-free) competition. All competitors must meet eligibility criteria listed in the OCB drug testing guidelines in order to participate. Prior to registering competitors should review the procedures and list of banned substances posted on OCBonline.com.

## Check-Ins/Polygraph Screenings

Check in opens up Friday, March 13th, starting at 5pm-8pm, and Saturday, March 14<sup>th</sup>, from 8am-8pm by appointment at the host hotel, Courtyard Portsmouth in Portsmouth, NH. **The address of the host hotel is 1000 Market Street, Portsmouth, NH 03801.** All competitors are required to be polygraph tested prior to competing. The exact room number for polygraph testing will be provided at check in. Scheduling appointments will be announced prior to show where competitors can access and will be provided by promoter. **The polygraph fee is \$50 and is payable in cash only at the time of testing. Exact change would be appreciated.** Polygraph results are valid for other OCB shows held within six weeks so will be valid for the OCB Pine Tree Classic and OCB Spirit of America!

## Music

House music will be provided for the Bikini, Figure, Men's Physique divisions. Men's & Women's Bodybuilding, Women's Physique and Men's Classic Physique may use their own music or house music. For individual routines, music can be sent to our DJ, Ron Reid, at [souspc@aol.com](mailto:souspc@aol.com). **Props are allowed and all T-Walks and routines are limited to one minute in length.**

## Host Hotel

Courtyard Portsmouth by Marriot is the host hotel for the event. Make sure to book your room by February 14<sup>th</sup> 2020 for the discounted rate. Make sure to mention the OCB Shamrock Cup Classic for the discounted rate of \$119 for the night prior to the show which is Saturday, March 14<sup>th</sup>. You will also be able to book through our website as well at [www.shamrockcupclassic.com](http://www.shamrockcupclassic.com).

## Spray Tanning Services

Spray tans services will be done by Golden Standard Spray Tans. You can visit [www.goldenstandardspraytans.com](http://www.goldenstandardspraytans.com) or contact Ryann Healy at [GoldenStandardSpraytans@gmail.com](mailto:GoldenStandardSpraytans@gmail.com) or by phone at (617) 982-3946 for rates, details and to schedule an appointment.

## Hair & Make-Up Services

Hair and Make-Up services will be done by the one and only Randi Preis. You can contact her directly by e-mail at [mainebride@icloud.com](mailto:mainebride@icloud.com). Limited spots are available so contact her sooner than later for details and to schedule a time!

## Payment

Make payment check or money order to Andrew DiDonato 22 Downing Court Exeter, NH 03833.



**OCB Shamrock Cup Classic**  
**Sunday – March 15, 2020**

**ENTRY FORM:** Please fill out all fields in registration form/contact information and mail in to address mentioned above in “Payment” section.

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_ **Height:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Note:** Promoter has the right to drop/add classes or divisions based on numbers of competitors.

**Amateur Competitor Divisions/Classes (Please check the following):**

**Men’s Bodybuilding:**

**Novice:** \_\_\_\_ **50+:** \_\_\_\_ **40+:** \_\_\_\_ **Open:** \_\_\_\_\_

**Women’s Physique:**

**Novice:** \_\_\_\_ **40+:** \_\_\_\_ **Open:** \_\_\_\_\_

**Men’s Physique:**

**Novice:** \_\_\_\_ **40+:** \_\_\_\_ **Open:** \_\_\_\_\_

**Men’s Classic Physique:**

**Novice:** \_\_\_\_ **40+:** \_\_\_\_ **Open:** \_\_\_\_\_

**Figure:**

**Novice:** \_\_\_\_ **50+:** \_\_\_\_ **40+:** \_\_\_\_ **Open:** \_\_\_\_\_

**Bikini**

**Novice:** \_\_\_\_ **40+:** \_\_\_\_ **Open:** \_\_\_\_\_

Waiver of Liability. I hereby waive and release any claims or demands against OCB, its representatives, sponsors, and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB, other than claims or demands arising out of willful misconduct. I hereby intend to legally bind myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB and its directors, officers, and members, OCB-affiliated federations, each event's promoters, and any sponsors, agents, or representatives, for any injuries suffered by me as a result of my participation in and/or losses suffered by me as a result of my participation and/or attendance at any OCB-sanctioned competition.

**Printed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**If Competitor is under 18 years old age:**

**Parent/Guardian Printed Name:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**\*\*\*Please mail in both of the numbered forms of the entry form to secure your entry.  
Reminder, all registrations and entry fees are final and non-refundable.\*\*\***

**\*\*\*TO AVOID LATE FEE, make sure to register before February 22<sup>nd</sup> to avoid late fee.  
If post-marked after February 22<sup>nd</sup>, registration fee increases by \$35. Entry fee would  
then go from \$60 to \$95.\*\*\***

**GOODLUCK IN ALL OF YOUR PREP AND LOOK  
FORWARD TO SEEING YOU ON ALL SHOW DAY!!**